



Healthy Huntsville's Mayor's Walking Challenge

WalkingWorks Website Registration Instructions

Healthy Huntsville's Mayor's Walking Challenge will begin Wednesday, Oct. 1, 2014 and end on Friday, Oct. 31, 2014. This month long physical activity challenge is open to all employees as well as individuals. If you participate in the month-long challenge and log 25 miles or more, you will be entered into a drawing for fitness related prizes including a Fitbit Wireless Activity Tracker, compliments of Blue Cross and Blue Shield of Alabama!

Register for the Mayor's Walking Challenge: September 23 – October 3.

- Go to www.walkingworks.com and choose "Register Now"
- A window will appear to fill in your personal information
 - Fill in your email address, name and work zip code
 - Select "Team Member" button
 - Select Plan: Alabama, Blue Cross and Blue Shield
 - Select Group: Healthy Huntsville
 - Select Program: Mayor's Walking Challenge
 - Select your Team from the drop-down list.
 - Create a password and confirm
 - Select Age group
 - Select Participation level
 - Select Register Now

*You will receive a confirmation email that you have registered successfully.

Once you've registered, log into the website each week and record your daily activity.

It's that easy to participate!

If you have any questions, please contact [\[insert company contact\]](#).

